Thyme-Roasted Beets with Walnuts and Chevre | bites out of life

Adapted from Kiss My Spatula

- 5 sprigs fresh thyme

- 2 bunches baby beets, tops trimmed and skins scrubbed

- 1 tablespoon olive oil

- salt and pepper, to taste

- 2 ounces fresh goat cheese, broken into chunks

- 1 ounce walnuts



1) Preheat the oven to 400°F. Stem the thyme leaves, then toss with the beets, olive oil, salt and pepper.

2) Place the beets on a large sheet of tin foil, then wrap and cover them to form a pouch. Roast for 25-30 minutes, or until a fork pierces the beets easily. Let the beets cool slightly. When the beets are cool enough to handle, peel them and cut into wedges.

3) While the beets are roasting, toast the walnuts on medium-high heat in a skillet for 5-7 minutes, until they start to brown and smell nutty. (If you have a toaster oven, you can also heat them at 375°F for 5-7 minutes.)

4) Toss the beet wedges with the goat cheese and walnuts, and serve alone or over a bed of mixed greens.

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