

Dulce de Leche | bites out of life

- 1 can sweetened condensed milk

1) Pour a can of sweetened condensed milk into a metal bowl.

2) Place that metal bowl over a saucepan filled with boiling water (or use a double boiler), making sure that the bowl isn't actually touching the water.

3) Heat the condensed milk on low until it thickens turns a light golden brown, about 45 minutes, stirring occasionally.



From: <http://www.bitesoutoflife.com/2010/12/01/dulce-de-leche/>